

REF. 409

Loaf 100% Spelt And Cereals 300g

Spelt is a cereal that is considered to be the origin of the varieties of wheat that are consumed today. dipped in spelt, a source of fibre, it helps regulate intestinal transit.

						
300 g	26 cm	13 u.	48 boxes	175-185 °C	15-20 min	25-30 min



SOURCE OF FIBRE • SEEDS AND CEREALS • HANDMADE • VEGAN •